

FREQUENTLY ASKED QUESTIONS

HOW SOON WILL I START SEEING THE RESULTS?

In most cases you will start to see results immediately after the first treatment. It is not unusual for teeth to whiten by several shades during the first few applications.

However, results do vary from user to user. Yellow stains respond very quickly and dramatically in comparison to dull, blue/grey stains which are poor to respond. If you have particularly deep staining to your teeth a number of treatments may be required.

HOW OFTEN CAN I USE THIS TREATMENT?

Initially the treatment is safe to use weekly or even daily for the first month. Once you have reached your goal we recommend using top-up treatments.

HOW OFTEN WILL I NEED TO 'TOP-UP' THE TREATMENT?

This will depend on your age and diet. If you continue to eat the foods and drinks which have caused staining to your teeth your teeth will re-stain over time. We generally recommend a 'top-up' treatment once a month, providing you take proper care of your teeth as instructed by your dentist and in this leaflet.

CAN I USE PROFESSIONAL TEETH WHITENING ON CAPS AND CROWNS?

The Teeth Whitening kit will only whiten natural teeth, however, it is safe to use on false teeth. The Teeth Whitening treatment will not whiten false teeth, including caps, crowns, veneers, dentures, bridges or fillings. You will need to have any false teeth replaced if you want them to match your new white teeth.

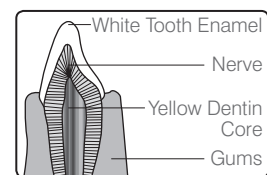
HOW SHOULD I STORE THE WHITENING GEL?

Store the Whitening Gel out of direct sunlight in a cool, dry place. Keep out of reach of children.

WHAT CAUSES YELLOW TEETH?

Although found in different shades, when teeth begin to form they all grow with an external white enamel. The foods and drinks we eat, such as tea, coffee, red wine and strong colouring in foods, gradually stain this white surface.

Abrasive tooth pastes and hard tooth brushes (along with age) also accelerate the erosion of the tooth surface - the white enamel - exposing the yellow dentin core which lies beneath.



INFORMATION

- For hygiene reasons each individual mouth piece is for single person use.
- Do NOT dismantle any part of this product, there are no user serviceable parts inside. In the event of a fault, return to Rio or its service agent.
- Do NOT immerse the power unit or blue light transmitter in water. Wiping with a damp cloth is sufficient to clean the unit. You can wash the mouth piece in warm water once unclipped from the light transmitter.
- Only use the power unit and blue light transmitter for its intended use.
- Do NOT dismantle or repair. If you have any problems using the product, contact our Customer Care Department.
- Do NOT open the unit.
- Only use this product with the Mains Adapter supplied.

DISPOSAL



The Waste of Electrical and Electronic Equipment (WEEE) Directive (2002/96/EC) has been put in place to recycle products using best available recovery and recycling techniques to minimise the impact on the environment, treat any hazardous substances and avoid the increasing landfill.

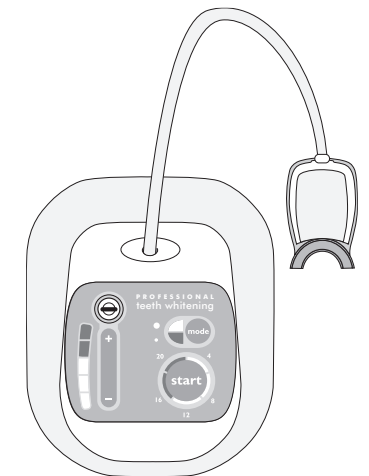
The product is classed as Electrical or Electronic equipment so please ensure that at the end of the life of this product it is disposed of in the correct manner in accordance with local authority requirements. It must NOT be disposed of with household waste.

CUSTOMER CARE

If you have any questions, or if you experience any difficulties with this product, please call our Rio Careline on **01242 702345** or email us at: **online@riobeauty.com**

To register your two year guarantee online visit:
www.riobeauty.com/warranty_online.htm

PROFESSIONAL™ TEETH WHITENING



Professional Teeth Whitening offers accelerated whitening in the comfort of your own home. Quick, safe and simple to use, the specially formulated whitening gel combined with blue light technology works rapidly to remove surface and embedded tooth stains, such as those caused by tea, coffee, red wine and discolouration due to smoking and ageing.

It is important that you maintain good oral hygiene with regular visits to your dentist. This product is not an alternative to dental visits.

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PRECAUTIONS

- Please read instructions carefully and retain for future reference.
- Do NOT ingest.
- Do NOT use during orthodontics treatment.
- Not recommended for use by pregnant women.
- When using whitening gel avoid contact with eyes. If gel gets into eyes, rinse thoroughly with water.
- Do NOT use more than once a day.
- Do NOT use for longer than 20 minutes at one time.
- In the event of discomfort stop using the product and rinse well with water.
- If you have receding gums or any form of gum disease or tooth infection you must consult your dentist before using this treatment. We do not recommend for use if you suffer from gingivitis or mouth ulcers, or if you have any mouth injuries.
- If you experience tooth/gum sensitivity or irritation, discontinue use and consult your dentist. We recommend informing your dentist if you use teeth whitening.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Keep out of reach of children. This product is not recommended for use by children under the age of 14 years. Children should be supervised to ensure that they do not play with the appliance.

IMPORTANT

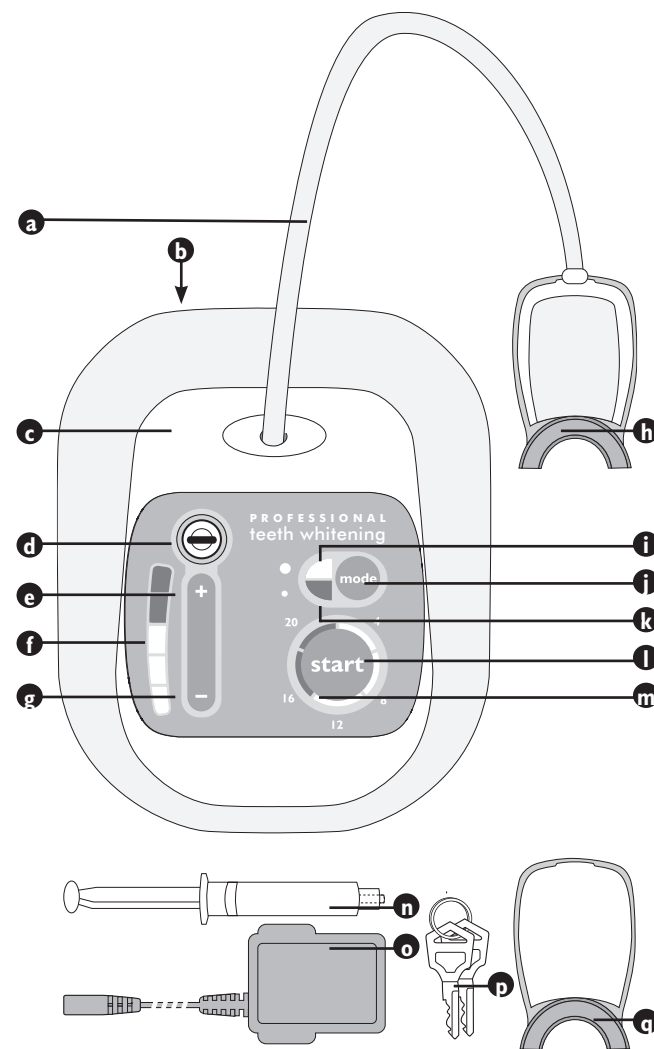
This product complies with the EU cosmetic safety requirements.



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www.riobeauty.com

PROFESSIONAL TEETH WHITENING



- a. Flexible support
- b. Power adapter socket
- c. Power unit
- d. Keyswitch
- e. Power increase button (+)
- f. Power level indicator
- g. Power decrease button (-)
- h. Blue light transmitter
- i. Full treatment programme indicator
- j. Mode button
- k. Top-up programme indicator
- l. Start/pause button
- m. Countdown timer lights
- n. Whitening gel
- o. Mains adapter
- p. Security keys
- q. Mouthpiece



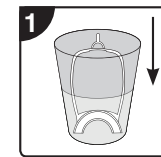
When not in use, simply position the mouthpiece above the power unit. The flexible support will then hold the blue light transmitter in position.

BEFORE YOU START

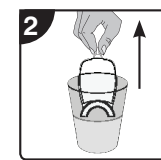
FORMING YOUR MOUTHPIECE

This product is not recommended for use by children under the age of 14 years. Do not expose the mouthpiece to extreme heat, e.g. do not place it in a dishwasher, and avoid leaving in sunlight.

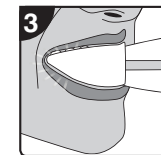
IMPORTANT: The following steps should never be carried out whilst the mouthpiece is fitted onto the blue light transmitter.



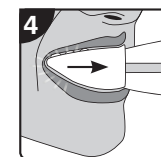
Place 4cm of hot water from the tap (do NOT use boiling water) into a suitable container and submerge the end of mouthpiece for approximately 60 seconds.



Carefully remove the mouthpiece taking care not to damage the mouthpiece whilst in a pliable state. Carefully shake off any excess water.



Position teeth inside the channels, the mouthpiece will feel hot against your gums - this is normal. Bite down gently. Hold in place for 30 seconds.

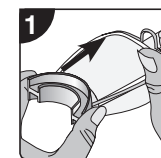


Remove mouthpiece, and place into cold water to cool for 60 seconds. If necessary, repeat steps 1-4 to make the mouth piece fit more comfortably.

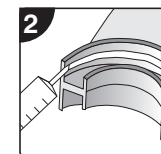
Your mouthpiece is now ready to use.

PREPARATION

Before using the Professional Teeth Whitening treatment brush your teeth and use a mouth wash to remove any food particles. If there is heavy build-up of plaque and tartar on your teeth, it is recommended that you get your teeth cleaned by a dentist before you begin the Teeth Whitening treatment.



Wash the mouth piece with warm water, (the mouth pieces are pre-sterilised). Push the mouthpiece onto the location tab on the front of the blue light transmitter. Secure in position with the band passing round the sides and back of the transmitter.

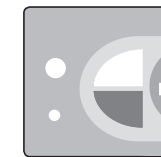


Remove the cap from the syringe of whitening gel. Syringe a line of gel into the mouth piece. Replace the syringe cap.

PROFESSIONAL TEETH WHITENING

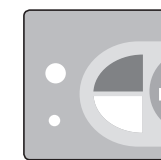
It is recommended that you progressively build up your teeth whitening treatments. Start with the 'full treatment' programme on level 1 power. With each successive treatment increase the power level until you have the desired whitening effect or are at maximum power.

To maintain whiteness use the 'top-up treatment' programme which runs for just 12 minutes.



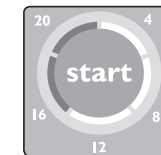
FULL TREATMENT PROGRAMME

When selected the top indicator light will illuminate green. This programme has a run time of 20 minutes.



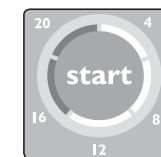
TOP-UP PROGRAMME

When selected the lower indicator light will illuminate green. This programme has a run time of 12 minutes.



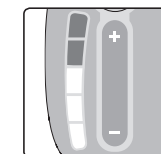
START/PAUSE BUTTON

Pressing the start/pause button will begin the treatment. To pause the treatment at any time simply press the start/pause button and press again to restart.



COUNTDOWN TIMER

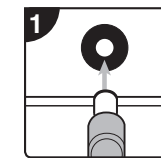
The programme run time is indicated in 4 minute segments, these will illuminate once the start/pause button has been pressed. The segment which is flashing indicates the treatment time remaining. If the treatment is paused the current segment will stop flashing.



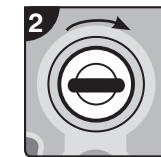
POWER

There are 5 power levels. When using for the first time use level 1. Build up your treatment progressively. The power level can be varied during treatment.

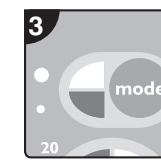
USING YOUR TEETH WHITENING UNIT



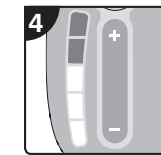
Connect the mains adapter into the power adapter socket on the back of the unit and plug into the mains.



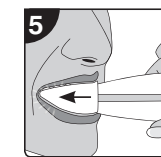
Use the security key to unlock and turn on the unit.



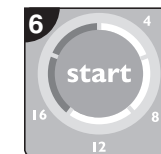
Press the mode button to select the programme you wish to use. The programme indicators will illuminate to show which programme is selected.



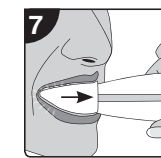
Use the +/- buttons to select the power level.



Put the mouth piece into your mouth so that it rests against your teeth. Once in place relax your lips over the mouth piece.



Press the start/pause button to start treatment. The lights on the countdown timer will indicate the time remaining.



When the treatment is complete remove the mouth piece from the blue light transmitter and wash well with warm water. Allow to air dry before storing. Rinse out mouth with water (do not swallow).